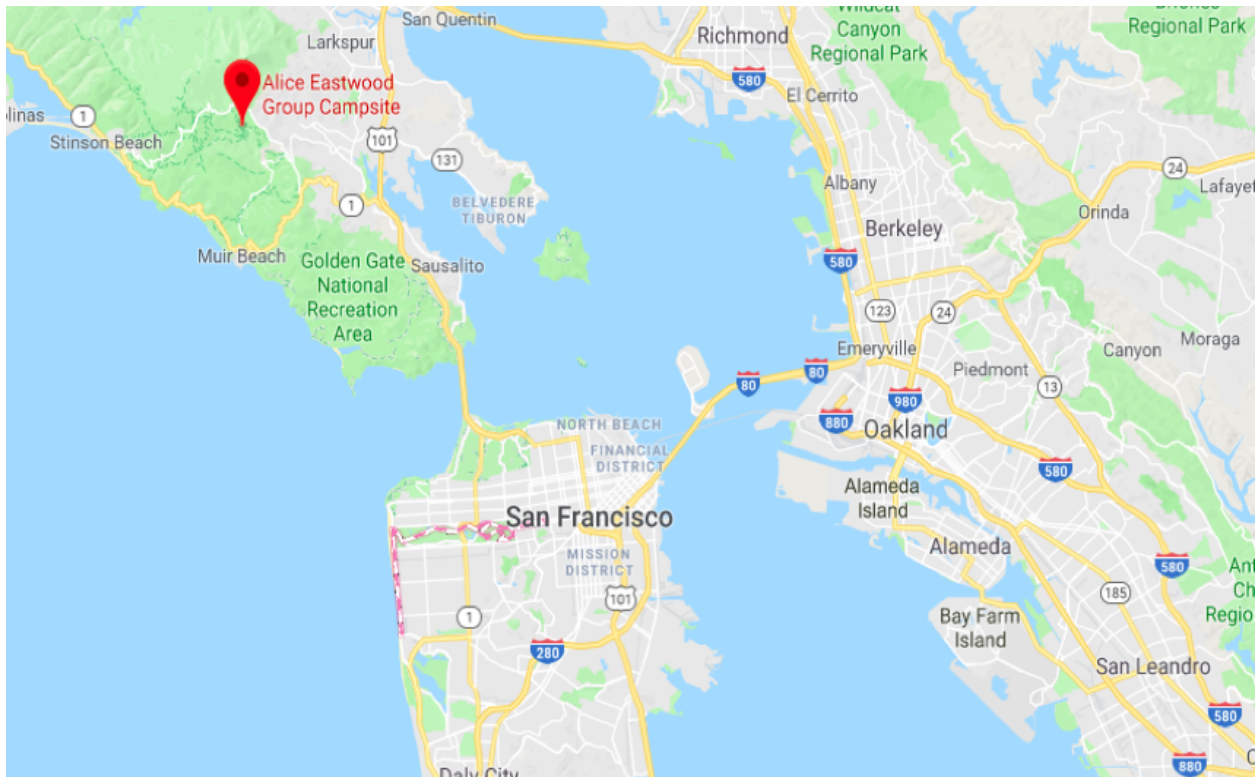


Revolutionary Energy San Francisco 11th Grade Fieldwork Week

Home-base: Mt. Tamalpais State Park
Monday Feb 26th- Friday March 2nd



This fieldwork experience:

This semester students are investigating the theme of revolutionary energy in social, political and physical aspects. The expedition, **Revolutionary Energy**, is centered around developing a sense of common traits of events and movements which we have come to consider as revolutionary; to create methods, movements, or systems that confront positive change, students will spend the week engaging in fieldwork visiting locations in San Francisco .

Students will be camping at their home base in Mt. Tamalpais State Park, and spending days exploring locations in the Bay Area that directly support this expedition.

Itinerary: (subject to change)

Date/Day	Activity and Location
Monday 2/26	<ul style="list-style-type: none">• Drive to Mt. Tamalpais State Park• Day hike in State Park
Tuesday 2/27	<ul style="list-style-type: none">• Mills College visit• Rock the Bike
Wednesday 2/28	<ul style="list-style-type: none">• SFSU visit• Civil rights walking tour in SF
Thursday 3/1	<ul style="list-style-type: none">• Academy of Art University visit• SF Museum of Modern Art
Friday 3/2	<ul style="list-style-type: none">• Drive back to SAEL

Transportation:

Students will be carpooling with SAEL parents and teachers who are registered and approved SAEL drivers. All SAEL drivers were specifically selected and asked to participate because they have demonstrated safe and responsible behavior at SAEL and have met the California Pull-Notice program, fingerprint clearance, and SAEL's guidelines for approval.

Drop-off:

Students will depart from the **SAEL campus at 8:30am** on Monday, February 26th. If you have an emergency and may be late, you must call Mr. Berry (203.-841.-7969) that morning ASAP or risk being left behind.

Pick-up:

Students will return to the SAEL campus in the afternoon of Friday March 2nd. Families will be called during the drive back with an updated ETA.

Adventure Gear & Clothing Recommendations:

Student can bring their own adventure equipment if they have it. For example, students may bring their own tents and sleeping bags. We will be car camping and will **not** be hiking with backpacks overnight. Students should bring a small day-pack to carry water and food for our activities and hikes. Students should bring no more than one bag of gear. Space will be tight in vehicle's so please consider this when packing.

Students will be provided with the following equipment if they do not have their own.

- Sleeping Bags (please bring your own if you have it)
- Sleeping Bag Liners
- Ground Sheets
- Headlamps
- Shelters (Mids or tarps). Students can bring their own tents.

Personal Items Required:

- Long pants (warm layers)
- Warm clothes to sleep-in.
- Shorts and a spare t-shirt
- Warm jacket
- Hat
- Sunscreen
- Sunglasses (recommended)
- Bowl, spoon, folk
- Hiking shoes

- Waterproof rain protection
- Notepad, journal, pen/pencil (there will be several writing and reflecting exercises).

Food:

Students must bring their own food on this fieldwork. Students should bring enough food for 4 breakfast and 5 lunches, and 4 evening meals. Students should also bring snacks. I would estimate doubling the amount of calories students usually consume during a normal school day. SAEL will provide stoves, pots, and all cooking equipment. NO COOLERS (not enough space).

* Please contact Mr. Young if you cannot provide lunch.

Medication:

All medication must be detailed on the Extended Medical Form AND on the Medication Required During School Hours Form. These forms must be fully filled out and on file in the SAEL Main Office in advance of fieldwork. Students should check in their meds with Mr. Young on the morning of the trip to ensure our records match the bottle dosage, prescription, and correct medication type. ANY medication (prescription or over the counter) requires an official doctor's note or prescription to be on file in the main office for it to be allowed with us on fieldwork.

Safety:

Mr. Young and Ms. Scheder are Wilderness First Responder certified, this means they are First Aid, CPR, and AED certified. Both have specific training to respond to emergency medical situations in the backcountry. Mr. Young will be directing this program using the latest best practices in Adventure Education.

Sleeping:

Students will be sleeping in Mid and tents in small groups in order to ensure our entire group is visible at all times. Students will also be separated by gender; this means students of different genders will not share a shelter and will not be allowed into each other's shelters at any time. SAEL staff will support the experience to ensure everyone is properly monitored.

We will ensure all bathroom use can happen in separated bathrooms areas at the campground and with privacy in the backcountry while hiking. If families have questions, concerns, or would like to discuss gender identity and how this plays a role in the field, please reach out to Mr. Young directly, if you have not already.

Personnel:

Mr. Young will be the Field Director. He will organize and coordinate this experience. Ms. Crane will be the main point of contact back at SAEL. She will keep her phone on at all times in order to receive updates from Mr. Berry's regular cell phone or the SAEL Satellite Phone, if needed.

Families will also be able to contact her in emergency situations. SAEL personnel in the field and students in the field will not be focusing on updating parents back at home. They will be immersed in the experience and will therefore not be reaching out with updates home unless there is an emergency. Ms. Scheder, Ms. Burlingham, and 6 SAEL parent drivers will also be attending this fieldwork.

Parent/Guardian Contact:

We ask that families do not visit students during this fieldwork (we know it is farther away this time, but parents have still pulled it off before!) All parent drivers will not be engaging every day all day either. This is a school program that is intended to support student growth and achievement. It is essential that students are allowed to be fully immersed in the experience. Please do not intend on seeing or speaking with your child during this experience, unless it is an emergency in which case you should contact Ms. Crane. **NO REGULAR CONTACT WILL BE MADE TO HOME UNLESS IT IS AN EMERGENCY. Please also do not expect regular updates from any personnel in the field or Ms. Crane as the experience develops unless it is an emergency.** There may be some positive social media posts with pictures, but these are not intended to be official updates for families that are coming at any regular interval. Please reach out to Ms. Crane if you have questions or concerns about this policy.

What Not To Take:

- **Knives**
- Matches/lighters, fire starting equipment
- All banned/illegal/controlled substances or anything outlined as inappropriate for school in our SAEL Student and Family Handbook and/or Ed Code. All school rules apply in the field as it is school.

- Electronics*

*Chromebooks, ipods, or any personal or school electronic devices are not NECESSARY on this trip. SCHOOL CHROMEBOOKS ARE NOT ALLOWED ON THIS FIELDWORK.

SAEL accepts no responsibility for lost or damaged electronics/gear.

Phone Coverage and Safety:

Cell phone coverage is not guaranteed. We do not want students or parents to depend on daily check ins. Pictures may be posted on Facebook and the website, but daily calls will not be made home. We want students to be working and focused on being immersed in the experience and in nature. If a parent needs to contact a student for an emergency, please call Principal Erica Crane (at SAEL during regular school hours or on her cell phone after hours). If there is any issue in the field, Mr. Young will contact Ms. Crane and she will contact families.

Contact Information: SAEL: 530-268-2200

Principal Erica Crane's Cell Phone (for emergencies only after school hours): 203-725-887